

For those who want to start feeding baby food or those who have started but not going well...

Reiwa 7th year (April 2025-March 2026) Kusatsu city

Information on Baby Food Restaurant

~Contents and the image of event~

Taste testing is available for only adult. Please try the flavor and softness of baby food ♪



Baby food restaurant is running by local "Kenkou Suishin In" (Health Promotion Woker). We talk about "Shokuiku (Food and Nutrition Education)" as well.



You can exchange of information about daily childcare at the mixer. Don't be shy, you can ask anything to us!



Our registered dietician or public health nurse is available. They will answer your question.



Scan this QR code for application and details



Information about baby food and cooking videos are also available ♪

(Inquiry) Kusatsu city, Child-rearing consultation center

(TEL) 077-561-2331 (E-MAIL) soudan-kosodate@city.kusatsu.lg.jp

Date	Place
Apr9th,2025	Sawayaka Hoken Center
Apr23th,2025	Sawayaka Hoken Center (Afternoon)
May8th,2025	Oikami Machizukuri Center
May20th,2025	Oji Machizukuri Center
Jun4th,2025	Tamagawa Machizukuri Center
Jun18th,2025	Sawayaka Hoken Center
Jul1th,2025	Sawayaka Hoken Center
Jul16th,2025	Sawayaka Hoken Center
Aug26th,2025	Sawayaka Hoken Center
Sep18th,2025	Kirarie Kusatsu 5F
Sep30th,2025	Kasanui Machizukuri Center
Oct15th,2025	Sawayaka Hoken Center
Oct30th,2025	Shizu Machizukuri Center
Nov12th,2025	Sawayaka Hoken Center
Nov27th,2025	Kasanui-higashi Machizukuri Center
Dec10th,2025	Sawayaka Hoken Center (Afternoon)
Dec24th,2025	Sawayaka Hoken Center
Jan14th,2026	Sawayaka Hoken Center
Feb4th,2026	Sawayaka Hoken Center (Afternoon)
Feb17th,2026	Sawayaka Hoken Center
Mar4th,2026	Kirarie Kusatsu 5F

<Time>

(Morning) Reception 10 : 00~

Opening hours 10 : 15~11 : 30

(Afternoon) **4/23、12/10、2/4only**

Reception 13 : 00~

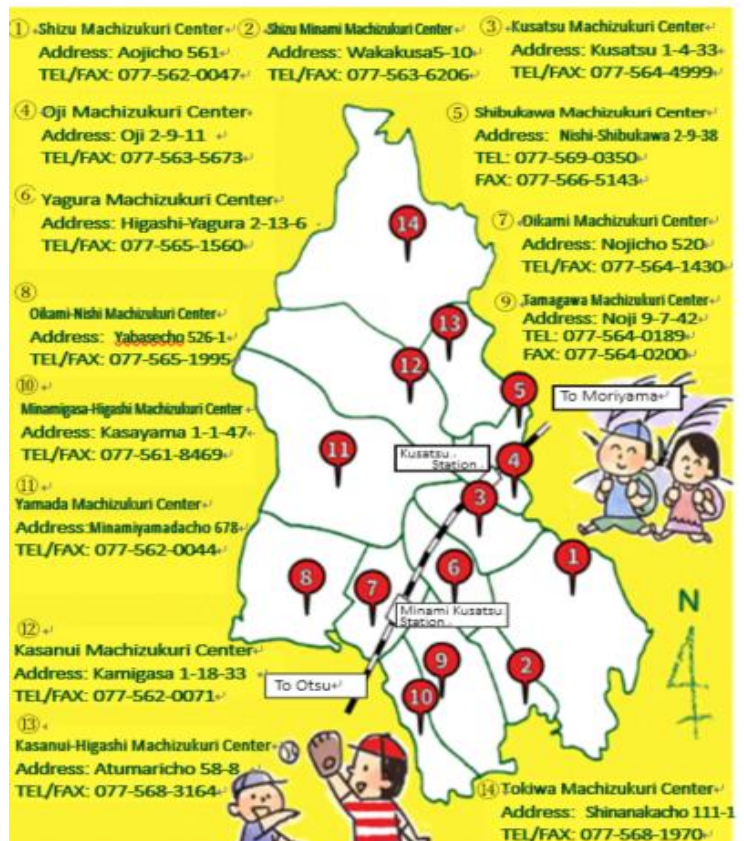
Opening hours 13 : 15~14 : 30

<Cost> Participation fee 200 yen

<Capacity> 15groups (First come, first served.)

<Eligible people> People raising 4 to 10 month old babies. (Kusatsu residents)

Machizukuri Center map in Kusatsu.



Things to bring

Maternal and Child Health Handbook/Spoon
 /Bath towel/Writing materials/ Nursery
 items necessary for going out, such as
 diapers and baby formula. ※ Baby carrier
 would be helpful for moving to the
 cooking room.

◆ Reservation Start ◆

From 10:00AM on the 10th of the previous month to 12:00PM on the 7days before the event.

◆ How to apply ◆

• Access the homepage of "Rinyushoku resutoran (Baby Food Restaurant)" and apply from online reservation. Please check the homepage (QR-code) for more details. If you have difficulty making a reservation online, please contact us by e-mail, phone, or at the counter.
 • If you need an interpreter, please contact us by phone or e-mail.