

For those who want to start feeding baby food or those who have started but not going well...

Reiwa 6<sup>th</sup> year (April 2024-March 2025) Kusatsu city



## Information on Baby Food Restaurant



~Contents and the image of event~



Taste testing is available for only adult. Please try the flavor and softness of baby food♪



We're looking forward to seeing you!

Baby food restaurant is running by local "Kenkou Suishin In" (Health Promotion Worker). We talk about "Shokuiku (Food and Nutrition Education)" as well.

★We hold the event at Sawayaka Hoken Center or Machizukuri (community) Center.



You can exchange of information about daily childcare at the mixer. Don't be shy, you can ask anything to us!



Shizu Machizukuri Center

Everyone is welcome to Machizukuri Center! You can also find information on local event and child rearing here.

Our registered dietician or public health nurse is available. They will answer your question.



Scan this QR code for application and details

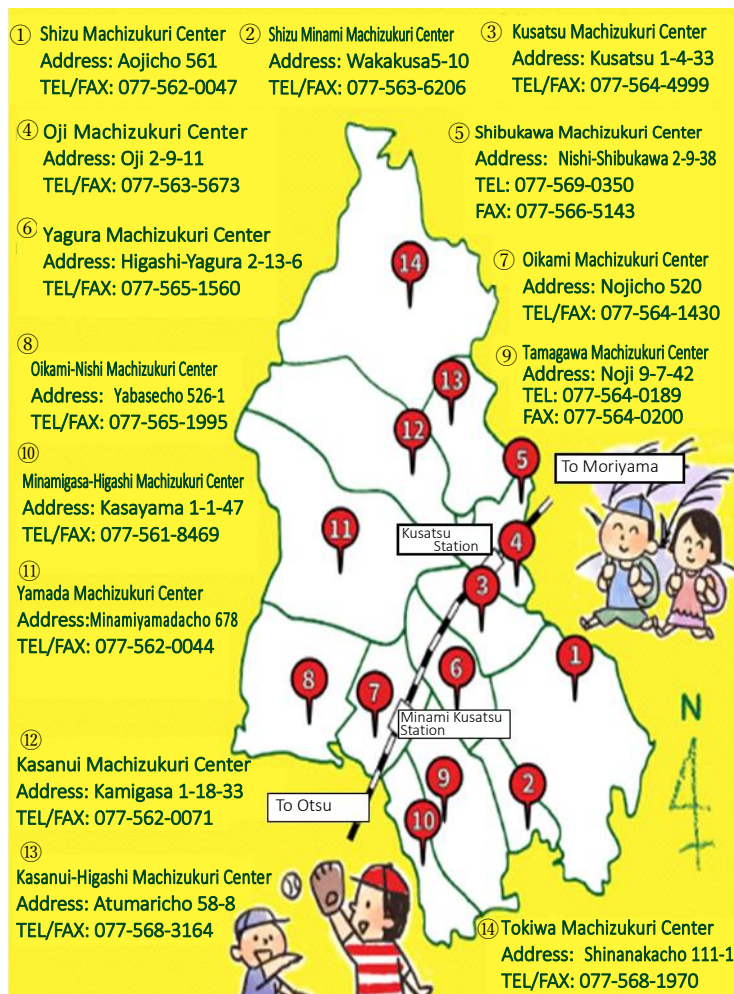


Information about baby food and cooking videos are also available♪

(Inquiry) Kusatsu city, Child-rearing consultation center  
(TEL) 077-561-2331 (E-MAIL) soudan-kosodate@city.kusatsu.lg.jp

Please see the backside for event dates→

## Machizukuri Center map in Kusatsu.



### Things to bring

Maternal and Child Health Handbook / Spoon/Bath towel/Writing materials/ Nursery items necessary for going out, such as diapers and baby formula.  
※ Baby carrier would be helpful for moving to the cooking room.

#### <Time>

(Morning) Reception 10 : 00~  
Opening hours 10 : 15~11 : 30  
(Afternoon) Reception 13 : 00~  
Opening hours 13 : 15~14 : 30

<Cost> Participation fee 200 yen

<Capacity> 15groups (First come, first served.)

<Eligible people> People raising 4 to 10 month old babies. (Kusatsu residents)

Date	Place
Apr 10th,2024	Sawayaka Hoken Center
Apr 26th,2024	Oji Machizukuri Center
May 8th,2024	Tamagawa Machizukuri Center
May 23rd,2024	Kasanui-higashi Machizukuri Center
Jun 5th,2024	Sawayaka Hoken Center
Jun 19th,2024	Kasanui Machizukuri Center
Jul 9th,2024	Sawayaka Hoken Center (Afternoon)
Jul 24th,2024	Minamigasa-higashi Machizukuri Center
Aug 6th,2024	Sawayaka Hoken Center
Aug 21st,2024	Oikami Machizukuri Center
Sep 4th,2024	Kirarie Kusatsu 5F
Sep 18th,2024	Oikami-nishi Machizukuri Center
Oct 2nd,2024	Sawayaka Hoken Center
Oct 17th,2024	Shizu Machizukuri Center
Nov 6th,2024	Shibukawa Machizukuri Center
Nov 26th,2024	Sawayaka Hoken Center (Afternoon)
Dec 17th,2024	Sawayaka Hoken Center
Jan 15th,2025	Sawayaka Hoken Center
Feb 5th,2025	Sawayaka Hoken Center
Feb 18th,2025	Sawayaka Hoken Center (Afternoon)
Mar 4th,2025	Tokiwa Machizukuri Center

### ◆Reservation Start◆

**From 10:00AM on the 10<sup>th</sup> of the previous month to 12:00PM on the 7days before the event.**

### ◆How to apply◆

- Access the homepage of "Rinyushoku resutoran (Baby Food Restaurant)" and apply from online reservation. Please check the homepage (QR-code) for more details. If you have difficulty making a reservation online, please contact us by e-mail, phone, or at the counter.
- If you need an interpreter, please contact us by phone or e-mail.

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