

For those who want to start feeding baby food or those who have started but not going well...

Reiwa 8<sup>th</sup> year (April 2026-March 2027) Kusatsu city

## Information on Baby Food Restaurant

~Contents and the image of event~

Taste testing is available for only adult. Please try the flavor and softness of baby food♪



Baby food restaurant is running by local "Kenkou Suishin In" (Health Promotion Woker). We talk about "Shokuiku (Food and Nutrition Education)" as well.



You can exchange of information about daily childcare at the mixer. Don't be shy, you can ask anything to us!



Our registered dietician or public health nurse is available. They will answer your question.



Scan this QR code for application and details



Information about baby food and cooking videos are also available♪

(Inquiry) Kusatsu city, Child-rearing consultation center

(TEL) 077-561-2331 (E-MAIL) soudan-kosodate@city.kusatsu.lg.jp

Date	Place
Apr15th,2026	Sawayaka Hoken Center
Apr28th,2026	Sawayaka Hoken Center (Afternoon)
May15th,2026	Oikami Machizukuri Center
May26th,2026	Oji Machizukuri Center
Jun10th,2026	Sawayaka Hoken Center
Jun23th,2026	Sawayaka Hoken Center
Jul8th,2026	Sawayaka Hoken Center
Jul22th,2026	Sawayaka Hoken Center
Aug26th,2026	Sawayaka Hoken Center
Sep17th,2026	Kirarie Kusatsu 5F
Sep29th,2026	Shizu Machizukuri Center
Oct14th,2026	Sawayaka Hoken Center
Oct28th,2026	Sawayaka Hoken Center
Nov11th,2026	Sawayaka Hoken Center
Nov25th,2026	Sawayaka Hoken Center
Dec9th,2026	Sawayaka Hoken Center
Dec22th,2026	Sawayaka Hoken Center (Afternoon)
Jan13th,2027	Sawayaka Hoken Center
Feb3th,2027	Sawayaka Hoken Center
Feb16th,2027	Sawayaka Hoken Center (Afternoon)
Mar4th,2027	Kirarie Kusatsu 5F

<Time>

(Morning) Reception 10 : 00~

Opening hours 10 : 15~11 : 30

(Afternoon) **4/28、12/12、2/16only**

Reception 13 : 00~

Opening hours 13 : 15~14 : 30

<Cost> Participation fee 200 yen

<Capacity> 15groups (First come, first served.)

<Eligible people> People raising 4 to 10 month old babies. (Kusatsu residents)

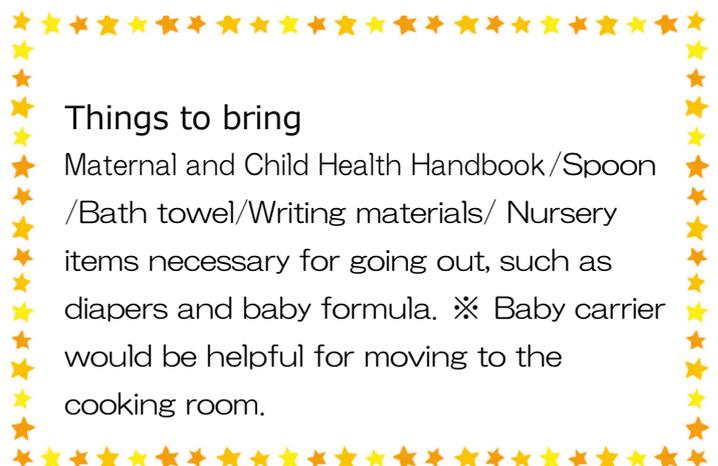
**◆Reservation Start◆**

**From 10:00AM on the 10<sup>th</sup> of the previous month to 12:00PM on the 7days before the event.**

**◆How to apply◆**

•Access the homepage of “Rinyushoku resutoran (Baby Food Restaurant)” and apply from online reservation. Please check the homepage (QR-code) for more details. If you have difficulty making a reservation online, please contact us by e-mail, phone, or at the counter.

•If you need an interpreter, please contact us by phone or e-mail.



**Things to bring**

Maternal and Child Health Handbook/Spoon /Bath towel/Writing materials/ Nursery items necessary for going out, such as diapers and baby formula. ※ Baby carrier would be helpful for moving to the cooking room.

Sawayaka Hoken Center



Oikami Machizukuri Center



Oji Machizukuri Center



Shizu Machizukuri Center



Kirarie Kusatsu



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